

SDV 10 18th May 2024

**COURSE NUMBER: P901/10** 

**Distance: 10 Miles** 

Short Description: Fontwell/Tangmere/Westhampnett/Fontwell

# **Officials**

Timekeepers Peter Delve and Neil Panter

Event Secretary Shaun Smart 12 Somerset Gardens Bognor Regis West Sussex PO21 2AA Telephone Number 07976 446805 e mail <a href="mailto:shaunsmart69@googlemail.com">shaunsmart69@googlemail.com</a>

• SIGNING-ON SHEET & RACE NUMBERS - Riders must sign the Official Signing-On Sheet at the Event HQ to obtain their Race Number.

- Position your number so it is visible from the rear, if using racing pockets please use the left side to help timekeepers
- Please return your number to the HQ when you sign out. Failure to sign out and return your number will be recorded as DNF
- Head up! Please look where you are going at all times.

### **FULL COURSE DESCRIPTION**

**START** in lay by on A27 at north end of Fontwell Racecourse at drain cover approx 20yds west of LP181/08.

Proceed west to Tangmere RBT where straight across and continue to slip road to A285.

At top of slip road turn right and continue north for approximately 500yds to Temple Bar (3.72).

Left on to unclassified road (old A285) (signposted Westhampnett Amenity Tip) to Westhampnett RBT.

Take 1st exit onto old A27 to Portfield RBT (5.39), take 1st exit on to A27 (Westhampnett bypass) to Tangmere RBT, straight across to continue on A27 to

**FINISH** 10yds beyond entrance to house called 'Westergates' and approximately 200yds short of start.

Course Record 19.13 Christopher McNamara 14th August 2022

#### **EVENT HEADQUARTERS**

Aldingbourne Hall Olivers Meadow Westergate PO20 3YA

Refreshments available at the HQ from Mike Coopers well stocked van.

#### SAFE ROUTES TO START

The safe route from the Aldingbourne Hall is turn left on leaving HQ then left at War Memorial. Proceed to top of Fontwell Avenue and turn left at roundabout. Start is approximately 200 meters along at the end of the lay by.

# SAFE ROUTES FROM FINISH

The safe route back to Aldingbourne Hall is to take the first exit at Fontwell West RAB after the FINISH to stay on A27. Then turn 1st LEFT

into Duke's Road and immediately LEFT again to take the subway under the A27 to London Road to approach Fontwell West RAB from the East. Turn LEFT and retrace to the Headquarters on the A29 via Fontwell Avenue, and then right at the War Memorial.

Any rider turning RIGHT at Fontwell West RAB to the leave the A27 WILL be DISQUALIFIED

### SAFETY INSTRUCTIONS

Riders must:

- · not cross the A27 in the Start and Finish areas
- use the recommended safe routes to the Start and to return to the headquarters
- not warm up on the Course
- · exercise care at the following locations
- .crossing Tangmere RAB both ways
  - turning LEFT at Temple Bar. Caution 150-degree change of direction
  - passing through Westhampnett
- . passing exit and acceleration lanes at Tangmere Flyover
- not turn RIGHT at Fontwell West RAB after the FINISH but should continue on A27 to turn LEFT into Duke's Road to return to the Event Headquarters.

Any rider observed riding in a manner which may jeopardise his or her own safety, the safety of others and the future of the Sport will be disqualified and reported to the South District Council of CTT

Front and rear lights are now compulsory in CTT events as are crash helmets

Promoted for and on behalf of Cycling Time Trials Under their Rules and Regulations

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